

## Spiritual Growth Questions for March 28, 2021

**Opener: Where do you see God working in your life right now?  
What has God been teaching you this week?**

1. How did you relate to the message this week?
2. Why do you think understanding what temptation is can help you in your life?
3. Does a person ever get over temptation?
4. What was the big idea from the message this week?
5. How can you apply it to your life?

**II. Read the following scripture: Matthew 4:4-11.** Read this passage and apply the S.O.A.P. study method.

**Scripture:** Read the passage three times with an open heart and ask the Lord Jesus to speak to you.

**Observation:** Write down what you see in this passage. Make as many observations as you can.

**Application:** Write down how you will be different because of what you have just read. Look for lessons to be learned, examples to be followed and promises to be enjoyed. How is Jesus revealed?

**Prayer:** Write out a short prayer.

## How To Overcome Temptation God's Answer to Your Needs Matthew 6:13 Chuck Wysong March 28, 2021

Why do intelligent people engage in actions that have consequences, and in the end, they will be ashamed of?" You've got to wonder. Every time we read about another person who falls to temptation that just destroys their life—destroys their marriage, rocks their world, breaks up a family, withers up a soul—you wonder, "Why does it happen? Why do we choose to violate our values, the very things that hold up our lives and sustain our souls? \_\_\_\_\_

\_\_\_\_\_?

Well, the Bible says that at least part of the answer is you have an enemy and so do I. Like it or not, we are part of a war of epic and eternal proportions that affects every area of our lives. But listen to this. This war is often remarkably subtle. Many of us become casualties of this war that we don't even know is being fought. The Bible teaches that we are to be conscious of the reality of spiritual warfare. We are to be prepared and equipped to wage this war. That is why Jesus taught the disciples that one of the components of this prayer was developing spiritual protection. Get ready to dig into one of our greatest needs that the Lord wants to meet.

**"Lead us not into temptation, but deliver us from the Evil One." Matthew 6:13**

"The temptations in your life are no different from what others experience. And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure." 1 Corinthians 10:13 NLT

## How do you overcome temptation?

### 1. I must identify what makes me \_\_\_\_\_.

*"Watch and pray so that you will not fall into temptation. The spirit is willing but the body is weak."* Matthew 26:41

### 5 questions you need to ask yourself to overcome temptation.

When am I most tempted?

Where am I most tempted?

Who is with me when I'm most tempted?

What is it that tempts me?

How do I feel right before I'm tempted?

### 2. Plan to \_\_\_\_\_ it.

*"Plan carefully what you do. Avoid evil. Walk straight ahead. Don't go one step off the right way."*

### 3. I \_\_\_\_\_ my heart.

*"We are tempted by our own desires that drag us off and trap us."*  
James 1:14

*"It is inside you, out of a person's heart come evil thoughts, sexual immorality, theft, the desire to kill people, adultery, greed, wickedness, deceitfulness, lust, envy, slander, arrogance, and foolishness. All these vile things come from not outside, but from inside."*

### 4. You need to \_\_\_\_\_.

*"Call upon me in your day of trouble. I will deliver you and you will honor me."* Psalm 50:15

"For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin. Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need."

Hebrews 4:15-16 NIV

*"Father, not my will, not my will but yours be done."*

Luke 22:42

### 5. I turn my \_\_\_\_\_.

*"We capture every thought and make it obey Christ."*

2 Corinthians 10:5

*"Don't let evil conquer you but conquer evil with good."*

Romans 12:21

### 6. Get a \_\_\_\_\_.

*"Two are better than one because together if one falls down the other can help him up. But if somebody's alone and he falls [into temptation] there's no one there to help him up."*

Ecclesiastes 4:9,10

*"My dear friends, if you know people who've wandered off from God's truth don't write them off. Go after them. Get them back and you will have rescued precious lives."*

James 5:19,20