

Spiritual Growth Questions for March 14, 2021

Opener: Where do you see God working in your life right now? What has God been teaching you this week?

1. What have you learned so far in the Lord's prayer? What is a takeaway from this week's message? What do you worry about the most? Why?

2. How has Jesus' prayer, "Give us this day" helped put perspective on dealing with anxiety and worry?

3. Read and Reflect on the following verses on God as our source:

Source of Wisdom (Psalm 36:9); Source of Strength (Isaiah 48:5); Source of Happiness (Psalm 43:4); Source of Hope (Romans 15:13); Source of Peace (Romans 15:33); Source of Patience (Hosea 15:5); Source of Salvation (Hebrews 5:9); Source of Encouragement (Romans 15:5). Which one stand out to you to you right now? Why?

4. Read and reflect on the following verses: Philippians 4:19, Psalm 68:19, Matthew 6:34. What do these verses teach us about trusting God's timing? **How can we pray for you specifically this week?**

II. Read the following scripture: Matthew 6:25-34. Read this passage and apply the S.O.A.P. study method.

Scripture: Read the passage three times with an open heart and ask the Lord Jesus to speak to you.

Observation: Write down what you see in this passage. Make as many observations as you can.

Application: Write down how you will be different because of what you have just read. Look for lessons to be learned, examples to be followed and promises to be enjoyed. How is Jesus revealed?

Prayer: Write out a short prayer.

Lord, I know I am wired to want to control but I realize that I am not in control. You are in control! I humbly trust you for strength and grace for the things that are weighing me down. I trust you with my life and the care of my loved ones. I know you are the source of all that I need right now. Please fill me with your strength, hope, peace, patience, encouragement and save me from anxiety and worry. Thank you Jesus.

THE ANTIDOTE TO ANXIETY God's Answer to Your Needs Matthew 6:11, Philippians 4:5-7 Chuck Wysong

"Let your gentleness be evident to all. The Lord is near. ⁶Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."
Philippians 4:5-7

"This, then, is how you should pray: "Our Father in heaven, hallowed be your name, your kingdom come, your will be done on earth as it is in heaven. Give us today our daily bread. Forgive us of our debts, as we have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one."
Matthew 6:11

This daily bread addresses _____.
Forgive our sins addresses _____.
Lead us not into temptation speaks to _____.

1. Ask _____.

" _____ today our daily bread."

". . . You do not have because _____ God!"
James 4:2

"God is _____ of all life. . ."
Numbers 16:32

God is my Source:

- * **Source of Wisdom**
Psalm 36:9
- * **Source of Strength**
Isaiah 48:5
- * **Source of Happiness**
Psalm 43:4
- * **Source of Hope**
Romans 15:13
- * **Source of Peace**
Romans 15:33
- * **Source of Patience**
Hosea 15:5
- * **Source of Salvation**
Hebrews 5:9
- * **Source of Encouragement**
Romans 15:5

2. Remember _____.

"Give us today our daily _____."

"God will supply all that you ever need from his
_____ in Christ Jesus."
Philippians 4:19

". . . as lavishly as only God can."

"_____ about having enough food and clothing
our heavenly Father already knows perfectly well that you need
them, and _____ in your life. "
Matthew 6:32-33

"Since God didn't spare even his own Son for us but gave him
up for us all, won't he also surely give us _____?"
Romans 8:3

3. Trust _____.

"Give us _____ our _____ bread."

"Don't be anxious about tomorrow. God will take care of your
tomorrow too. _____."
Matthew 6:34

"Each day has enough trouble of its own!"

"Praise the Lord . . . who DAILY bears our burdens."
Psalm 68:19

"If you were asked by your son for bread, would you give him
a stone? _____ is it that your heavenly
Father will give good things to those who ask him?"
Matthew 7:11